



Report of Spending of the Sport Funding – 2021-2022

Total annual funding for 2021-2022 - £19,630

Each year there is money spent on priorities linked to our school improvement plan, identified and implemented by our PE subject leader, as we strive to deliver an outstanding provision in PE and sport and to support the catch up of fitness levels caused by multiple lockdowns and isolation issues. This year the priorities are:

- **Development of fitness post COVID-19**
- **Supporting PE lessons to ensure that under the current restrictions and barriers, PE lessons remain of a very high quality to continue to foster high levels of engagement and development of skills**
- **Accessing and competing a range of competitions**

The planned use of the PE and school sport funding at Ladybarn Primary School will be extremely effective in improving and sustaining high quality PE and sports provision. It is even more significant this year, due to the impact of COVID over the last 18 months. On return to school in Sept 21, staff noted that pupil's fitness has significantly decreased and that many pupils had gained weight, some significantly. Pupils also indicated they themselves were aware of their lack of fitness; for example: identified that the normal walk to school was much harder and that after PE lessons they were more tired.

The PE subject leaders have met along with the SLT and agreed that the priorities must be to continue to build on work from the previous year to improve attitude towards fitness, participation in fitness activities and level of fitness. If lockdown was to happen again, we would want pupils to prioritise their own fitness as they see it as important.

Much of the work we are undertaking this year involves staff training, curriculum planning and innovation within the Trust PE team. This is already funded for the school budget and the funding is designated to be used to enhance this core offer. It is used to fund a range of opportunities, primarily the funding of a sports coach who supports teaching staff with the provision of high-quality PE lessons. Sports coaches support the delivery of PE, prioritised by staff confidence. They are also supporting the technical side of delivery- shaping lesson plans, filming techniques and being available virtually to enhance lessons, or to support staff in moving practice forward. Staff can also ask for support in the delivery/ organisation of lesson. This may include the ability to understand how to co-operate and respond to rules positively. The sports coach continues to support school in ordering appropriate resources and tailoring the curriculum to meet the children's needs, particularly focusing on the drive of fitness.

P.E is a focus this year as we have looked at progression within the curriculum. We are doing specific Key Stage training on effective KS1 PE lessons, which the sports coach will help facilitate.

The sports coach also allows staff to build up a bank of ideas to build on fitness. A less traditional fitness curriculum has been created, which builds on the specialist knowledge of the sports coach. This includes supporting staff with fitness ideas for remote learning should a child have to isolate. With the PE Trust team, they have helped developed the "beat your best" program, which is based on completing a given task each week, better than previously. This curriculum needs timely reviewing, monitoring and updating to ensure continued high levels of engagement.



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The sports coach runs a daily after school’s sports club to enhance the overall sport provision. These clubs are targeted at different groups and also includes accessing competitions throughout Manchester. We recognize that the cost of participation Any participation in competitions; including travel, will be paid for through the sports grant to ensure there is no barrier for children to participate.

To ensure children continue to be active during lunchtimes, an additional sports coach will help to run activities at lunch. This will include a variety of different activities, sports or skills and give the opportunity to target individuals or groups for additional activity.

Ladybarn	Spending	Rationale	Impact measure through
Income Allocation	19,630		
Expenditure			
PE Association competition entry costs	1,080	<ul style="list-style-type: none"> • Opportunity for outside support through a range of expertise • Greater range of sports to have access to • Greater range of competitions to have access to 	<ul style="list-style-type: none"> • Number of competitions accessed • Level of support accessed and hence impact on lessons within school
Participation in competitive events	600	<ul style="list-style-type: none"> • To ensure that finances aren’t a barrier to participating in competitions 	<ul style="list-style-type: none"> • Number of children able to successfully access and attend competitions
Sports coaches – contribution to cost	16,394 School sports coach 1, 556– Lunchtime sports coach skills development	<ul style="list-style-type: none"> • Sports coaches will have the expertise to ensure that all PE/fitness activities remain high quality with high engagement in light of COVID restrictions. Including: • Development of PE teaching through modelling, planning. Particular focus on KS1 PE lessons • Development and support for implementation of high interest fitness activities on a rotational basis • Collating of data to compare participation and completion rates across the Trust 	<ul style="list-style-type: none"> • Marked improvement of games curriculum and staff confidence, through staff voice • Children reporting improved attitude towards PE, fitness and healthy living focus being on girls in particular • Tracking of mile, time/ completion rate • Fitness levels – Improved in levels and attitude to exercise • Games – teaching and learning reviewed across all modules, in terms of teacher led and coach led sessions • Physical health – pupil awareness of healthy eating and life styles improved and reflected in choices in and out of school • Effective delivery of the KS1 PE curriculum
Total	19,630		



Review of Impact 2020-2021

Due to the COVID -19 lockdown, impact of the spend of the Sports funding could not be reviewed as the year was not completed, and therefore due to the nature of sport, beating previous times/ scores was an impossibility. Swimming lessons for Year 4 were not completed where final assessments take place and Sports days and competitions did not go ahead.

It was evidenced that most pupils' fitness declined due to sedentary lifestyles during various lockdown. However, those who attended the provision during March 2020- July 2020, completely benefited from an increased level of physical activity which was facilitated through the funding of additional sports coaching and access to sport. On return in September 2020, there was a distinct difference in the levels of fitness of those pupils who had and hadn't attended school. Sports coaches did however also support class teachers with ideas for remote learning; including setting weekly challenges and checking in with pupils throughout lockdown.

Due to the bubble system, the use of the sports coach was primarily through set up, advice and tips for staff, particularly with fitness activities. Throughout the year we saw impact the fitness activities were having on the children, through increased daily mile and YPB scores. However, for some children this too didn't have the impact we had anticipated due to attendance and the need to isolate throughout the year. So this will continue to be a target in the 2021/22 year.

Year 6 Swimming Competency

Percentage of pupils within our year 6 cohort that can do each of the following:

- Swim competently, confidently and proficiently over a distance of at least 25 metres: 48%
- Use a range of strokes effectively: 23%
- Perform safe self-rescue in different water-based situations: 43%

Children at Ladybarn Primary School attend swimming lessons at Hough End Swimming Pool. Due to there being no complete cohort last year, this information relates to the 2019/20 Year 4 cohort who are now in Y6.



Daily Mile

Class	Autumn	Spring	Summer
1L	39.3%	50.0%	67%
1B	25.0%	41.4%	58
2L	9.7%	50.0%	62.1%
2B	18.5%	92.6%	95.8%
3L	87.1%	87.1%	86.2%
3B	90.0%	90.0%	96.7%
4L	78.6%	82.1%	82.1%
4B	74.2%	93.3%	93.3%
5L	100.0%	100.0%	100.0%
5B	79.3%	80.0%	93.1%
6L	100.0%	100.0%	100%
6B	94.7%	100.0%	100.0%
6P	52.6%	57.9%	100.0%

The Daily Mile was still rigorously tracked last year and all class cohorts – despite lockdowns – improved from Autumn to Spring.

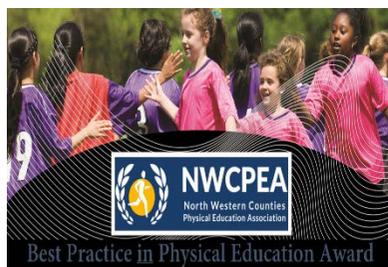
Within this children radically improved their times and a high percentage of children in summer ran PB's

Background of the first lockdown and restrictions and how it affected thinking 2020

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The Trust received a 'Highly Commended Nomination' in the Gill Parry Best Practice Award to include Impact on Pupils/School. They said that there was strong "Evidence of some remarkable work from the Trust Leadership Team. An excellent, measured application written in appreciation of how the leadership of PE has impacted on the whole Trust. The emphasis is on reenergising pupils after Covid-19 lockdowns with substantial claims made on how well children have responded to challenges that have come their way. The video links provided as part of the application are very useful although some of them could not be accessed. Content for the various programmes offered appears to be fitness based, offering aspects of various martial arts as an underlying theme. Some sections on how diet can relate to physical activity are also an astute inclusion."



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Following staff observations in the summer of 2020, we recognised that after lockdown the children's fitness levels and enthusiasm for PE and sport had decreased dramatically. In a bid to reignite their love of movement, we introduced a new scheme of work specifically targeting fitness. This programme of 30 minute fitness sessions that all classes across the primary age range would take part in. These sessions (known as My Personal Best sessions or MYPB) consisted of HIIT moves, running challenges and skipping challenges which the children could do 3 times a week, recording their scores and aiming to beat their personal bests with the mantra of only competing against yourself. This built on previous work on the daily mile initiative. The Trust team coordinated videos to be produced to help all teachers engage in the idea and know how to perform each challenge, motivated staff to get involved and promoted the sessions to the wider community.

<https://drive.google.com/file/d/17ZEcptalyeHoWrLc7drWWIXDpdA0Tani/view?usp=sharing>

The children absolutely love them. In a Pupil Voice at the end of the autumn term 2020 92% said they really enjoyed the new MYPB Sessions, with many children demonstrating new found motivation to improve and really buying into the personal improvement mantra. One Year 6 child, who had previously expressed a dislike for P.E said that "I really enjoy the MYPB sessions as they're fast paced and I can see myself getting better each week. I like getting my times and scores as I feel proud when I improve."

<https://drive.google.com/file/d/14oPoCMFVaNVOyENoi1sOVSzYggLYp4BZ/view?usp=sharing>

Alongside these sessions, the trust P.E team reviewed and developed the curriculum PE provision - adjusting the work done in light of covid restrictions to ensure all children in school have still had access to high quality PE lessons in a variety of sports. Despite lockdowns and barriers, the Trust staff have remained committed to keeping fitness and well-being as a top priority during and after the lockdowns. Remote learning has seen all three schools filming MYPB sessions for the children at home to follow as the school refuse to allow home learning to be a barrier to promoting fitness. Alongside the video lessons and live Zoom lessons, we provided every child in the each of the three Kingsway Trust schools with a skipping rope so they can continue their brilliant work started in school.

You can watch one of the sessions here: <https://drive.google.com/file/d/1ejDRLcBoYdm2Pr9zflNAtvVWV4mmwlcr/view?usp=sharing> whilst other clubs - like the Taekwondo moved online with weekly Zoom sessions – where even the parents were joining in to keep fit and have fun! You can read more about this project via our website <https://www.ladybarn.manchester.sch.uk/sport> clicking on the link for Taekwondo.

<https://drive.google.com/file/d/13MtCgrttj3Px2yWO2weHod4v16aR3EQP/view?usp=sharing>