

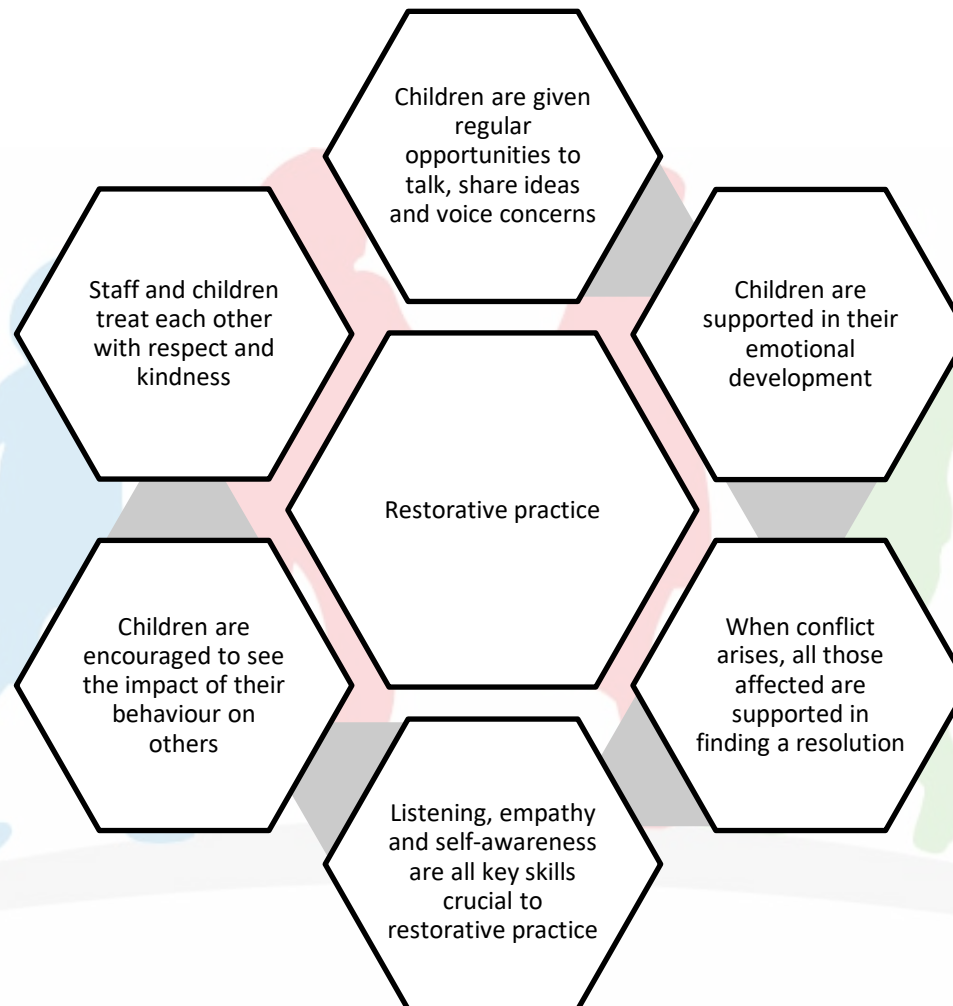


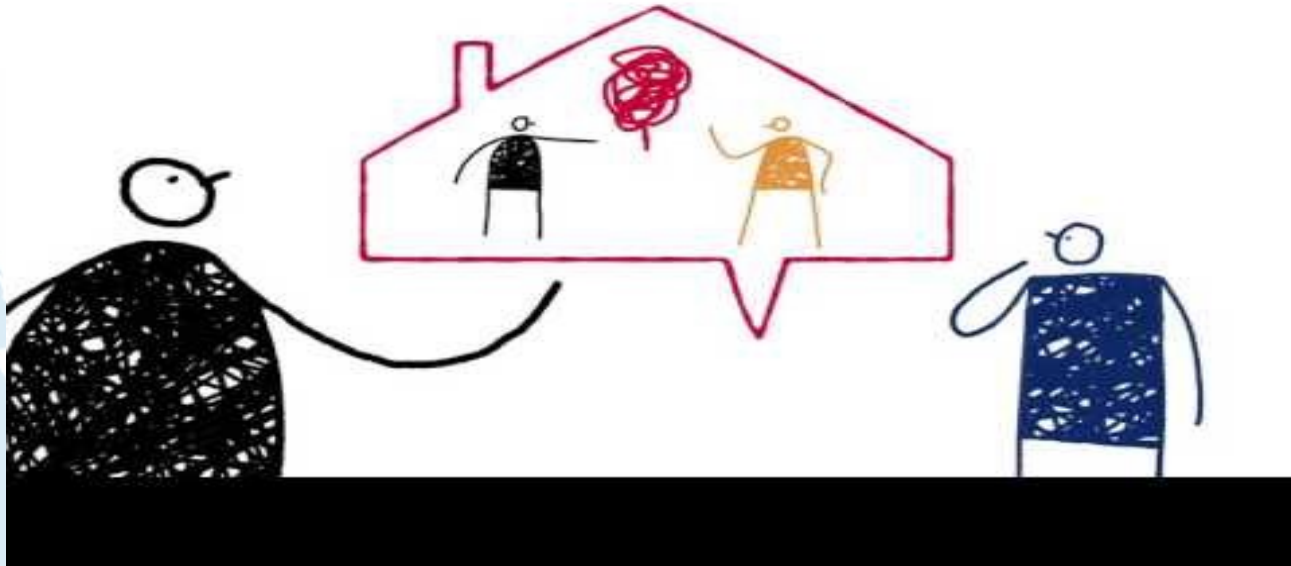
Restorative Practice Parents' Meeting

What is restorative practice?

- A restorative school is one which takes a restorative approach to resolving conflict and preventing harm.
- By becoming a restorative school, we are highlighting the importance of good relationships between children, staff, parents and everyone in our community.
- We know that through building and maintaining positive relationships, this can help to avoid conflict and also to repair harm and restore relationships.

What are restorative approaches?





<https://www.youtube.com/watch?v=gJJxnb1VjYo>



It's all about relationships!

There are many different ways we build and maintain positive relationships in our school. This is at the heart of becoming a restorative school.

Finding opportunities to share ideas and opinions.

Celebrating successes from across home and school.

Sharing interests and listening to others' interests.

Making time to be available to talk.

Developing listening and empathy skills.

"Classroom management is not about having the right rules...it's about having the right relationships."

Developing emotional literacy

- Helping children be aware of their own and others' emotions is a key life skill which is important in the restorative approach.
- All children have these emotions displayed in their classrooms. Staff label these emotions in lots of different contexts to ensure children understand them.



Reflective language for emotional development

- Staff use reflective language to help children identify and manage their emotions.
- Effective use of reflective language **acknowledges** the child's emotions, tells them that what they are feeling is **valid** and also lets them know that you **understand** and are there to help.
- This approach can be used for negative and positive situations. We have found that using it within positive situations will help you to use this on a regular basis and embed it within your daily life.

Reflective language starters

- Sometimes...
- Maybe...
- Perhaps...
- It can feel...
- I can see...
- I can see by your face...
- I'm wondering if...

- <https://www.youtube.com/watch?v=w9I8dDGKUcg>



Restorative practices to support behaviour

The Key Questions for Repairing Relationships

UNIQUE STORIES

What happened?
What then? What was happening before?

THOUGHTS INFLUENCE FEELINGS

What were you thinking when it happened? What did you feel inside when it happened? What were your thoughts and feelings before it happened? What was the hardest thing?

HARM AND AFFECT

How are you now? Who else has been affected?

NEEDS

What do you need to feel better? What do you need now?
What do you need now to move on from this? What does anyone else need?

PUTTING THINGS RIGHT TOGETHER – OWNERSHIP OF PROBLEM SOLVING

What needs to happen to put things right? What does this look like? How does this leave you feeling? Are you ok with that? If you can't do this, what can you do?

When you...

I feel...

I need...

Children are encouraged to take responsibility for their behaviour by reflecting on the causes and consequences of their choices.

- Rather than the teacher telling the child what they have done wrong, restorative practice involves helping the child think through their behaviour, its consequences and what they can do to make it better.

Restorative practice is used in conjunction with the school's behavior policy.

Children work through consequences directly related to what they have done. This helps them to see that what they have done has had an impact on the world.

