

Winter Spring Menu 2024



Kingsway
Community Trust

| Week 1 | Meat Free Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---------------------------------------|---|---|--|
| Hot Main Choices <i>Halal Options Available</i> | Cheese & Tomato Pizza with Baked Wedges & Mini Corn on the Cob | Caribbean Chicken with Rice & Carrots | Homemade Meatballs in Italian Sauce with Pasta & Broccoli | Tempura Fish Goujons with Saute Potatoes & Peas | Chilli con Carne with Rice & Sweetcorn |
| | Veggieball Sub with Mini Corn on the Cob | Jacket Potato Selection with Salad | Cheese Flan with New Potatoes & Broccoli | Chickpea & Tomato Curry with Rice & Peas | Quorn Burger in a Bun with Salad |
| Second Course | Fruity Frozen Yoghurt | Jelly & Fruit | Sticky Toffee Pudding & Ice Cream | Flapjack with Fruit | St Clements Sponge & Custard |

Fruit, Yoghurt, Water, Semi-Skimmed Milk & Bread Basket Available Daily

Winter Spring Menu 2024



Kingsway
Community Trust

| Week 2 | Meat Free Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|---|---|---|
| Hot Main Choices <i>Halal Options Available</i> | Veggieballs in Tomato & Herb Sauce with Pasta & Peas Hot Filled Panini with Carrot & Cucumber Batons | Roast Chicken with Roast Potatoes, Yorkshire Pudding, Broccoli, Carrots & Gravy Veggie Sweet Chilli Noodles with Broccoli | Fish Fingers with Jacket Wedges & Peas Vegetable Lasagne with Peas | Homemade Cobbler with Crusty Bread & Carrots Quorn Dippers with Loaded Skins, Tomato Salsa & Beans | Chicken Curry with Rice & Corn on the Cob Homemade Soup with Cheese or Tuna Mayo Roll & Side Salad |
| Second Course | Sorbet with Fruit | Flapjack & Fruit | Marble Sponge & Custard | Homemade Cookie | Chocolate & Orange Brownie |

Fruit, Yoghurt, Water, Semi-Skimmed Milk & Bread Basket Available Daily

Winter Spring Menu 2024



Kingsway
Community Trust

| Week 3 | Meat Free Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|--|--|--|
| Hot Main Choices <i>Halal Options Available</i> | Vegetable Pasta Bake with Broccoli Quorn & Vegetable Curry with Rice & Broccoli | Hunters Chicken with Rice & Peas Veggie Kofta Wrap with Salad | Baked Sausages with Mashed Potatoes, Carrots & Gravy Macaroni Cheese with Carrots | Chosen by You! Jacket Potato Selection with Salad | Cheese Whirl with Chips & Beans Tomato & Salmon Pasta with Peas |
| Second Course | Rice Crispie Crunch | Ice Cream Roll & Fruit | Iced Banana Loaf | Sponge & Custard | Homemade Biscuit with Fruit |

Fruit, Yoghurt, Water, Semi-Skimmed Milk & Bread Basket Available Daily